

REINLENDAR MED TURAR (Norwegian Rheinlander) (Norway)

Reinlendar med turar (RYNE-lenn-dahr meh TOOR-ahr), the Norwegian Rheinlander with Figures, is the Norse equivalent of the Swedish Schottische in Figures (Schottisi turar), having originally come to Norway by way of Sweden. But although the two dances are counterparts, they differ considerably in style and temperament, each having developed a distinct individuality and "national character". At the time of the Norwegian Rheinlander's presentation by Lucile Czarnowski at Folk Dance Camp in 1954, typically traditional music for the dance was not available on record. Recently, however, a remarkable recording of the old Norwegian favorite Gamal Reinlendar (old rheinlander) melody was made, featuring nothing less than the national instrument of Norway, the Hardanger-fiddle, together with Gunnar Hahn's folkdance orchestra. This new music will surely do much to revitalize interest in Reinlendar med turar, and give this fine dance the folk spirit and zest it justly deserves.

Source: As learned and danced in Norway by Gordon E. Tracie, and taught at Skandia Folkdance Club.
Described in "Norske Folkedansar" by Klara Semb, published by Noregs Ungdomslag.
Excellent English language description by Lucile Czarnowski in Folk Dance Camp syllabus for 1954.

Music: Record: RCA FAS-668 (Gamal reinlendar); same also on RCA LPM-9910.

Formation: Cpls in circle facing CCW, inside hands joined at shoulder level, outside hands are on hips, palms up with thumbs to the front.

Steps: Step-hop, Reinlendar step. The latter in this version is 3 light running steps and a slight hop, sometimes only a lift of the heel of the supporting ft.

M steps described, W opp unless specified.

Measures upbeat

Pattern Introduction

I. REINLENDAR FWD AND BACK AND PROGRESS

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| A 1 | (a) | Starting with outside ft take 3 running steps fwd, hop slightly on outside ft - swing inside ft fwd (low swing). At the same time swing joined hands fwd to shoulder level (1 Reinlendar step). |
| 2 | | Turn slightly twd ptr and take 1 Reinlendar step in opp direction. Swing joined hands at shoulder level in that direction (CW). |
| 3-4 | | Facing LOD, extend joined hands fwd (inside shoulders touching), take 4 step-hops fwd. |
| 5-8 | | Repeat action meas 1-4. |
| A 9-10 | (b) | In open dance pos fwd hands joined, take 1 Reinlendar step fwd and 1 bwd. |
| 11-12 | | With 4 step-hops turn CW progressing LOD. |
| 13-16 | | Repeat action meas 9-12. |

II. REINLENDAR AND WOMAN TURNS

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| B 1-2 | (a) | With inside hands joined and extended fwd, outside hands on hips, take Reinlendar steps fwd and bwd as in Fig I. |
| 3-4 | | Joined inside hands are raised high, W grasping M's index finger. W turns CCW with 4 step-hops (2 turns) in front of ptr. |

REINLENDAR MED TURAR (cont)

- M takes 4 step-hops fwd as they progress LOD.
 Repeat action of meas 1-4 (Fig II).
- 5-8
 B 9-10 (b) Repeat action meas 1-2 (Reinlendar steps fwd and bwd).
 11-12 M with back to ctr of circle, arms folded, takes 4 step-hops in place. W with hands on hips, takes 2 solo turns in place (CW) with 4 step-hops.
 13-16 Repeat action of meas 9-12 (Fig II).
 Finish, ptrs facing, wt on R ft, L ft free.
- III. PARTNERS TURN TOGETHER, STEP-HOPS, HEEL**
- C 1 (a) In back-hold pos take 2 step-hops starting with L ft, turning CW.
 2 Take one step fwd with L ft. Keeping wt on L (L knee bent) place R heel fwd touching the floor. Lean back and look at ptr.
 3 Beginning with R ft take 2 step-hops moving bwd (CCW).
 4 Step bwd with R ft touching L heel fwd to floor and lean back looking at ptr.
 5-8 Repeat action of meas 1-4 (Fig III).
 9-16 (b) Repeat action of Fig III meas 1-8. Finish side by side facing LOD.
- IV. PARTNERS CROSS OVER, RETURN AND PROGRESS**
- C 1 (a) M with arms folded, W hands on hips, take 1 Reinlendar step exchanging places, W passing in front (beg inside ft).
 2 Take 1 Reinlendar step returning to place, M passing in front.
 3-4 With inside hands joined and extended fwd take 4 step-hops fwd (beg inside ft).
 5-8 Repeat action of meas 1-4 (Fig IV).
 9-16 (b) Repeat action of Fig IV meas 1-8.
- V. WOMAN CIRCLES PARTNER AND THEY PROGRESS.**
- D 1-2 (a) Still holding inside hands, M leaps into air and comes down with a stamp on L ft dropping on R knee. W circles M (CCW) with 4 step-hops. M jumps up on fourth hop into original pos.
 3-4 Holding joined hands extended fwd progress fwd with 4 step-hops.
 5-8 Repeat action of meas 1-4 (Fig V).
 9-16 (b) Repeat action of Fig V meas 1-8.
- VI. PARTNERS SEPARATE, RETURN AND PROGRESS**
- E 1 (a) M with arms folded, W hands on hips, dance away from each other 1 Reinlendar step (beg outside ft). Ptrs pretend they are angry.
 2 Ptrs turn to face and come together with 1 Reinlendar step. On the first step (ct 1) M stamps R ft and throws arms out swd as an invitation to dance with him again.
 3-4 In closed dance pos take 4 step-hops turning (CW) progressing LOD.
 5-8 Repeat action of meas 1-4 (Fig VI).
 9-16 (b) Repeat action of Fig VI meas 1-8.
- VII. REINLENDAR, STEP-HOPS AND LIFT**
- F 1-2 (a) In closed dance pos take 1 Reinlendar step fwd and 1 bwd.
 3 Ptrs make 1 turn (CW) with 2 step-hops.
 4 M steps L ft and lifts W into the air and places her down beside him in her original pos. W assists in the lift by jumping and pressing down on his R shoulder with her L hand, and stiffening her R arm and pressing downward on his L hand.
 5-8 Repeat action of meas 1-4 (Fig VII).

Presented by Gordon E. Tracie